

Certifications:

Board Certified in Foot Surgery

- American Board of Foot and Ankle Surgeons

Board Certified in Reconstructive Rearfoot and Ankle Surgery

- American Board of Foot and Ankle Surgeons

Corrective Exercise Specialist

- National Academy of Sports Medicine

Post Graduate Education:

Fellowship: Reconstructive Foot and Ankle Surgery
University of Texas Health Science Center at San Antonio
Department of Orthopaedic Surgery
Dates of attendance: 1 July 2010 to 30 June 2011
7703 Floyd Curl Dr
San Antonio, Texas 78229

Internship/Residency: Podiatric Medicine and Surgical - 36
Fountain Valley Regional Hospital and Medical Center
Dates of attendance: 1 July 2007 to 30 June 2010
17100 Euclid Street
Fountain Valley, California 92708

Professional Education:

New York College of Podiatric Medicine (NYCPM)
Degree: Doctorate of Podiatric Medicine (DPM)
Dates of attendance: August 2003 to May 2007
53 East 124th St
New York, New York 10035

Undergraduate Education:

Franklin and Marshall College
Degree: Bachelor of Arts
Major: Biochemistry and Molecular Biology
Dates of attendance: August 1999 to May 2003
P.O. Box 3003
Lancaster, Pennsylvania 17604

Professional Appointments:

Assistant Professor
University of Central Florida College of Medicine
Department of Surgery
6850 Lake Nona Boulevard
Orlando, FL 32827
Dates of Appointment: 18 December 2020 - current

Clinical Associate Professor

Rowan University School of Osteopathic Medicine
Department of Surgery
42 E Laurel Road
Stratford, New Jersey 08084
Dates of Appointment: 1 March 2018 - current

Clinical Instructor

University of Texas Health Science Center at San Antonio
Department of Orthopaedic Surgery
7703 Floyd Curl Dr
San Antonio, Texas 78229
Dates of Appointment: 1 July 2010 to 30 June 2011

Awards/Recognitions:

- Florida Magazine Top Podiatrist. 2021
- Kennedy University Hospital/Jefferson Health Podiatry Residency Program Teacher of the Year. New Jersey. 2019
- South Jersey Magazine Top Docs. 2019
- Riverview High School Distinguished Alumni. 2012
- Pi Delta National Podiatry Honor Society-Gamma Chapter. 2007
- Frank Martino, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2006
- Christopher T Fatone, DO and Thomas F Fatone, II Scholarship; American Podiatric Medical Association Educational Foundation. 2006
- Rocky Graziano Jr, DPM Memorial Scholarship, 2nd Place; Podiatry Foundation of Pittsburgh. 2005
- Julie and Robert Hilkemann, DPM Scholarship; American Podiatric Medical Association Educational Foundation. 2005
- Scott Griffith, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2004
- Student Service Award, New York College of Podiatric Medicine. 2004
- Scott Alter, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2003
- Student Class President, New York College of Podiatric Medicine. 2003-2005.

Professional Organizations:

American Podiatric Medical Association
Pennsylvania
Fellow, American College of Foot and Ankle Surgeons
Diplomate, American Board of Foot and Ankle Surgery
Healogics: Hyperbaric Medicine & Problem Wound Management

Surgical Courses:

Annual American Orthopaedic Foot and Ankle Society Scientific Meeting. Charlotte, North Carolina. September 2021.

Infinity™ and Prophecy™ Infinity™ Total Ankle Arthroplasty Cadaveric Skills; Wright Medical MedEd Mobile Training. Vero Beach, Florida. March 2021.

Mid-Atlantic Podiatry Conference. The Podiatry Institute; Hyattsville, Maryland. October 2019

Charcot Reconstruction: Salvation Techniques; Wright Medical. Atlanta, Georgia. April 2019

77th Annual American College of Foot and Ankle Surgeons Scientific Conference. New Orleans, Louisiana. February 2019.

Infinity™ and Prophecy™ Infinity™ Total Ankle Arthroplasty Cadaveric Skills Course; Wright Medical. Memphis, Tennessee. June 2018.

12th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2017.

11th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2016.

Mid-Atlantic Podiatry Conference. The Podiatry Institute; Falls Church, Virginia. October 2016.

74th Annual American College of Foot and Ankle Surgeons Scientific Conference. Austin, Texas. February 2016.

10th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2015.

9th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2014.

Complex Reconstruction and Angular Correction, Chicago Lower Extremity Surgical Foundation; Burr Ridge, Illinois. October, 2014.

Microneurovascular Surgical Techniques course, MOET Institute; San Francisco, California. August, 2014.

Wright Medical PROPHECY® INBONE® Total Ankle Arthroplasty Cadaveric skills course; Sterling, Virginia. March, 2014.

8th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2013.

Flap Cadaver Dissection Skills Workshop, Chicago Lower Extremity Surgical Foundation; Rosemont, Illinois. November 2012.

Annual Illinois Podiatric Medical Association Surgical Seminar; Bloomingdale, Illinois. September 2012.

42nd Annual American Orthopaedic Foot and Ankle Society Specialty Day; San Francisco, California. February 2012.

7th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2011.

Wright Medical Advanced Reconstructive Skills in the Foot & Ankle and GRAFTJACKET[®] Matrix Science Symposium; Rosemont, Illinois. November 2011.

5th International Vascularized Flap and Dissection Advanced Course; Experimental and Research Center; Athens, Greece. February 2011.

6th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2010.

Current Concepts in Foot and Ankle Surgery; University of Barcelona, Barcelona, Spain. November 2010.

Arthrex Foot and Ankle Master's Class and Cadaveric Course; Irvine, California. May 2010.

AO Advanced Podiatric Course Internal Fixation of the Hind Foot and Ankle; Orlando. Florida, March 2010.

68th Annual American College of Foot and Ankle Surgeons Scientific Conference, Advanced Techniques in Trauma Reconstruction Workshop; Las Vegas, Nevada. February 2010.

5th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2009.

AO Basic Podiatric Course Internal Fixation of the Foot and Ankle; Los Angeles, California. November 2009.

Orange Country Podiatric Medical Association, Annual Advancements in Foot and Ankle Surgery; Huntington Beach, California. September 2009.

Arthrex Foot and Ankle Master's Class and Cadaveric Course; Newport Beach, California. July 2009.

39th Annual American Orthopaedic Foot and Ankle Society Specialty Day; Las Vegas, Nevada. February 2009.

American College of Foot and Ankle Surgeons, Foot and Ankle Arthroscopy Course; Rosemont, Illinois. December 2008.

4th Annual International External Fixation Symposium; University of Texas Health Science Center, San Antonio, Texas. December 2008.

Orange Country Podiatric Medical Association, Annual Advancements in Foot and Ankle Surgery; Huntington Beach, California. October 2008.

66th Annual American College of Foot and Ankle Surgeons Scientific Conference, Pre-conference External Fixation Symposium; Long Beach, California. February 2008.

Orange Country Podiatric Medical Association, Annual Advancements in Foot and Ankle Surgery; Huntington Beach, California. October 2007.

Publications:

Ramanujam CL, **Facaros Z**, Zgonis T. An Overview of Bone Grafting Techniques for the Diabetic Charcot Foot and Ankle. Clinics in Podiatric Medicine and Surgery 2012 October;29(4):589-595.

Ramanujam CL, **Facaros Z**. An Overview of Conservative Treatment Options for Diabetic Charcot Foot Neuroarthropathy. Diabetic Foot and Ankle 2011, 2:64-18.

Ramanujam CL, **Facaros Z**, Zgonis T. Abductor Hallucis Muscle Flap with Circular External Fixation for Charcot Foot Osteomyelitis: A Case Report. Diabetic Foot and Ankle 2011, 2:6336.

Facaros Z, Ramanujam CL, Stapleton JJ, Zgonis T. Pertinent insights on plastic surgery and the diabetic foot. Podiatry Today 2011 Mar;24(3):58-67.

Ramanujam CL, **Facaros Z**, Zgonis T. Perioperative management of the dysvascular foot and ankle. Perioperative Nursing Clinics 2011 Mar;6(1):17-26.

Facaros Z, Stapleton JJ, Polyzois VD, Zgonis T. Management of Foot and Ankle Trauma. Perioperative Nursing Clinics 2011 Mar;6(1):35-43.

Capobianco CM, **Facaros Z**, Zgonis T. Perioperative considerations for external fixation in foot and ankle surgery. Perioperative Nursing Clinics 2011 Mar;6(1):59-66.

Stapleton JJ, **Facaros Z**, Polyzois VD, Zgonis T. Surgical management of diabetic Charcot foot and ankle deformities. Perioperative Nursing Clinics 2011 Mar;6(1):67-74.

Facaros Z, Kissel SP, Palladino MG, Zgonis T. Postoperative complications in foot and ankle reconstruction. Perioperative Nursing Clinics 2011 Mar;6(1):75-88.

Facaros Z, Ramanujam CL, Zgonis T. Primary subtalar joint arthrodesis with internal and external fixation for the repair of a diabetic comminuted calcaneal fracture. Clinics in Podiatric Medicine and Surgery 2011 Jan;28(1):203-209.

Ramanujam CL, **Facaros Z**, Zgonis T. External fixation for surgical off-loading of diabetic soft tissue reconstruction. Clinics in Podiatric Medicine and Surgery 2011 Jan;28(1):211-216.

Facaros Z, Ramanujam, CL, Stapleton JJ. Combined circular external fixation and open reduction internal fixation with pro-syndesmotic screws for repair of a diabetic ankle fracture. Diabetic Foot and Ankle 2010, 1:5554.

Book Chapters:

Cooper PS, Ramanujam CL, **Facaros Z**, Zgonis T. Stepwise Approach to Charcot Midfoot Reconstruction and External Fixation. In: Cooper PS, Polyzois VD, Zgonis T, ed. External Fixators of the Foot and Ankle. Philadelphia, PA: Lippincott Williams & Williams; 2013: 262-292.

Ramanujam CL, **Facaros Z**, Zgonis T. Surgical Off-loading External Fixation and Plastic Reconstruction of the Foot and Ankle. In: Cooper PS, Polyzois VD, Zgonis T, ed. External Fixators of the Foot and Ankle. Philadelphia, PA: Lippincott Williams & Williams; 2013: 360-376.

Ramanujam CL, **Facaros Z**, Stapleton JJ, Zgonis T. Current Surgical Approaches to the Diabetic Charcot Foot and Ankle Reconstruction in the United States. In: Batista F. Diabetic Foot Management Around the World Expert Surgeon's Point of View. Sao Paulo, Brazil: Andreoli; 2012: 91-117.

Editorial Activities:

Reviewer: Diabetic Foot & Ankle Open Access Journal

Research Trials:

DIAPedia Sub-Investigator, Diapedia CareFUL Prevention Study. Prospective, Randomized, Multiple Site Clinical Trial Comparing the Effectiveness of Novel Pressure Based Insoles to Current Care For Ulcer Prevention. DIAPedia. Weil Foot and Ankle Institute, Des Plaines, Illinois. 1 September 2011 to 12 July 2013.

Integra Sub-Investigator, Integra Dermal Regeneration Template/Diabetic Foot Ulcer Study. Multi-Center, Randomized, Controlled Clinical Trial to Evaluate the Safety and Effectiveness of Integra Dermal Regeneration Template for the Treatment of Neuropathic Diabetic Foot Ulcers. Amarex Clinical Research, Integra LifeSciences Incorporation. University of Texas Health Science Center at San Antonio, San Antonio, Texas. 1 July 2010 to 30 June 2011.

Lectures:

Invited Speaker, Rearfoot/Cavus/Planus Pathologies and Osteotomy Techniques, Jefferson Health New Jersey Podiatric Residency Program; Washington Township, New Jersey. October 2018.

Invited Speaker, Nail Avulsion Procedure and Related Nail Disorders, Family Medicine Residency, Rowan School of Osteopathic Medicine; Stratford, New Jersey. October 2018.

Invited Speaker and Lab Instructor, Surgical Off-Loading of the Diabetic Foot, 11th Annual International External Fixation Symposium; San Antonio, Texas. December 2016.

Invited Speaker, Common Foot and Ankle Injuries in Runners, Fredericksburg Regional Sports Symposium; Fredericksburg, Virginia. December, 2015.

Invited Speaker, Conservative & Surgical Treatment for Non-ulcerated Chronic Charcot Foot & Ankle / Diabetic Charcot Foot Deformity, Ulceration & Osteomyelitis, 9th Annual International External Fixation Symposium; San Antonio, Texas. December 2014.

Invited Speaker, Lisfranc Injuries, Fredericksburg Regional Sports Symposium; Fredericksburg, Virginia. December, 2014.

Invited Speaker and Lab Instructor, Hallux Rigidus/ Surgical Off-Loading with External Fixation for the Diabetic Foot, 8th Annual International External Fixation Symposium; San Antonio, Texas. December 2013.

Invited Speaker, Wound Healing Center Panel Meeting, Off-Loading Modalities for Plantar Foot Ulcerations; Holy Family Medical Center, Des Plaines, Illinois. May 2013.

Invited Speaker, Foot and Ankle Reconstruction Techniques in Limb Salvage, Illinois Podiatric Medical Association Fall Seminar; Lombard, Illinois. November 2012.

Invited Speaker, Grand Rounds, LisFranc and 5th Metatarsal Fractures, Mount Sinai Hospital/FHCC Podiatric Residency Program; Chicago, Illinois. March 2012.

Invited Speaker, Grand Rounds, Plastic Surgery Reconstruction of the Diabetic Foot, Advocate Illinois Masonic Medical Center Podiatric Residency Program; Chicago, Illinois. January 2012.

Invited Speaker and Lab Instructor, The Role of External Fixation in Plastic Surgery of the Diabetic Foot, 7th Annual International External Fixation Symposium; San Antonio, Texas. December 2011.

Invited Faculty and Moderator, International Flap and Dissection Advanced Course; Athens, Greece. February 2011.

Invited Speaker, Grand Rounds, Ankle Fusions, University of Texas Health Science Center at San Antonio Podiatric Residency Program; San Antonio, Texas. January 2011.

Invited Speaker and Lab Instructor, Rheumatoid Foot and Ankle / Vertical Talus and Clubfoot Correction, 6th Annual International External Fixation Symposium; San Antonio, Texas. December 2010.

Expertise:

Foot and Ankle Trauma

Sports Medicine

Soft Tissue and Skeletal Reconstruction of the Diabetic Foot & Ankle

Revisional and Post-traumatic Foot & Ankle Surgery

Diabetic Charcot Foot & Ankle Reconstruction

External Fixation & Orthobiologics